

DES MOINES

Fall 2023

CITY CURRENTS

ANEW Training Classes

SEE PAGE 10

Recreation Classes & Programs

SEE PAGE 24

DMAC Activities

SEE PAGE 28

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Fall 2023 *What's Inside*

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From the Mayor

Des Moines is a Good Place!



By Mayor **Matt Mahoney**

As summer winds down and we enter fall, Des Moines has so much to celebrate even as we exit a season of adversity!

Look at what we have endured this past season! We are divided as a nation and a people, crime is on the rise, justice is somewhat absent and the remnants of COVID continue to linger. As a nation, we are facing a drug epidemic, with fentanyl, methamphetamine, and heroin addiction at disturbing levels. We struggle to find ways to help those who suffer from mental illness and homelessness. We battle cartels, gangs, juvenile crime, and policy that prevents law enforcement, firefighters, paramedics, and health professionals from performing their duties. We continue to combat domestic

violence and human trafficking. The City of Des Moines is not immune and we work constantly to find ways to combat these global issues. We constantly work to minimize road rage, street racing and vehicles with aftermarket mufflers that rattle our peaceful town and neighborhoods. Yet we persevere! We demonstrate commitment to community and move forward. All in all, Des Moineans are a strong, good, and purposed people.

Just look at the many opportunities and events we availed ourselves to within our community. We had concerts in the

park, Camp KHAOS for our children, a car show and wooden boat show, a Touch the Truck event, National Night Out, Barbecues at Midway Park, Open Houses at the MaST center and Saturdays at the Farmers Market. We came together with great strength, celebrating our diversity during our Waterland Weekend which included our annual parade. We led the way in new ways to celebrate our nation's birthday with a more family friendly event

When you put your life in a good place, good things follow.

—Willie Nelson

that included music and family activities with the highlight being an incredible visually stimulating drone show. We said yes to the environment, our Salish Sea inhabitants, our seniors, our pets, and our veterans who endure PTSD. Our downtown is filled with flowerpots bringing glorious color and beauty as we pass through town. We have an institution of Higher Learning at Highline College dedicated to training our future leaders in much needed career paths. Our North Parking lot at the Marina is complete and provides a beautiful path and a glimpse and vision of what our Marina will be as we move forward. We share beautiful views of the mountains, water and the never boring sunsets as boats come and go on the waters in our little part of the sound.

We see our young people finding ways to integrate in our community, such as student athletes from Mt. Rainier or Maritime High School volunteering their time to community service all over town. The Scouts doing projects that better our community, and our elementary schools recognizing our heroes like police, firefighters/EMT's or Veterans. We have mom's and dad's donating their time to coach our children the value of competition and sportsmanship. We

—continued on page 6

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From The Mayor, *continued*

have an incredible senior population that are dedicated and committed to our community, providing wisdom and support to our town. And we cannot forget our awesome businesses in town, on Pacific Highway and in our business park who provide great food, services and living wage jobs. And last but certainly not least, our local labor organizations, schools, and colleges, who continue to provide education, training and apprenticeships that give our young people a future and allow those locally to live and thrive in our great community.

In Des Moines, the glass is truly half full, and our optimism tells us we have a great future ahead. But this is not just a flowery painting of Americana, it is reality, and it is ours.

Your Council recently approved a \$26M bond, which will further enhance your great city. Your taxes will not go up due to strong vision and fiscal management! We are able to use our excellent bond rating and keep our debt service low. We will begin the long overdue process of replacing our docks down at the Marina and Redondo will get their new fishing pier and restrooms next year. Parking gates will be added to provide security in both Redondo and our Marina. Soon a season parking pass will have the ability to be used at either location. We will honor our WW1 veterans and provide a welcoming entrance to the North side of town where Des Moines Memorial Drive and 1st Avenue flow into Marine View Drive. And most importantly, we will all be part of the process to connect our downtown to our Marina with Marina steps and other amenities such as a splash pad for our children to play in the summer with elements of sustainable green technology and modern urban methods of water cleansing prior to reaching our waters in the Sound. We will be improving 24th Avenue and 200th in the future, ensuring the safety of our children, and providing better access thru our township. We are building new dwellings, buildings, and businesses all over town, and because public safety is a priority, we continue to maintain our own police department, recently adding officers and mental response professionals to aid those who need help the most. Each of us should be proud of our community! And I challenge you to be part of it!

Get involved! Farmer's Market, Art Commission, Local Charities, Parade Committees and Schools need volunteers.

Do business in town whenever possible. Eat in our restaurants, use professional services in town and shop in our shops.

Get to know and care for your neighbors. If all of us watch over someone who needs help, we can make sure we are a healthy population, and our basics needs are met.

Be part of the process and the solution. Come with suggestions and options.

And finally, continue to communicate to your Council, your County Councilmember, and your State Legislators for positive change in legislation that protects the rights of cities and its citizens.

In the end, all of us, no matter your background, your race, your religion, your diversity, we are all the sum of our parts. If we can continue to come together face to face, we are likely to have positive results and build relationships that will be positively contagious. Our goal is to become one Des Moines because in the end we live in a great city and community.

Yes, most definitely, Des Moines is a Good Place!

*Best,
Matt Mahoney,
Mayor and Councilmember*

In Des Moines, the
glass is truly half full,
and our optimism
tells us we have a
great future ahead.

DES MOINES DIRECTORY

City Hall

21630 11th Avenue S
(206) 878-4595

City Hall Open

Monday–Friday
9:00am–4:00pm

www.desmoineswa.gov



City Council

Matt Mahoney, Mayor	MMahoney@desmoineswa.gov
Traci Buxton, Deputy Mayor	TBuxton@desmoineswa.gov
Gene Achziger	GAchziger@desmoineswa.gov
JC Harris	JCHarris@desmoineswa.gov
Jeremy Nutting	JNutting@desmoineswa.gov
Vic Pennington	VPennington@desmoineswa.gov
Harry Steinmetz	HSteinmetz@desmoineswa.gov

City Offices

City Attorney	(206) 870-6519
City Clerk	(206) 870-6552
City Manager	(206) 870-6519
Community Development	(206) 870-7576
Engineering	(206) 870-6525
Facilities Rentals	(206) 870-9370
Finance Director	(206) 870-6510
Marina	(206) 824-5700
Municipal Court	(206) 878-4597
Parks Administration	(206) 870-6527
Police Department	(206) 878-3301
Public Works/Park Maintenance	(206) 870-6559
Recreation	(206) 870-6527
Senior Services	(206) 878-1642

Other Numbers

Emergency	911
Animal Control	(206) 878-3301
Field House	(206) 870-6527
Fire (non-emergency)	(253) 839-6234
Library, Des Moines	(206) 824-6066
Library, Woodmont	(253) 839-0121
Police Dispatch (non-emergency)	(206) 878-2121

Utilities and Services

Century Link	(800) 573-1311
Recology King County	(206) 762-4900
Comcast	(877) 778-7008
Highline Water District	(206) 824-0375
Lakehaven Water/Sewer	(253) 941-1516
Midway Sewer District	(206) 824-4960
Puget Sound Energy	(800) 321-4123
SW Suburban Sewer	(206) 244-9575
Water District #54	(206) 878-7210

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Utility Locates	(800) 424-5555
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DES MOINES
CITY CURRENTS

Des Moines City Currents
is published by
Colibri Northwest
for the City of Des Moines

 **COLIBRI Northwest**

PUBLISHER

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EDITOR CITY CURRENTS

Bonnie Wilkins	(206) 870-6519	bwilkins@desmoineswa.gov
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Council Highlights

CITY COUNCIL HIGHLIGHTS: MAY–AUGUST ORDINANCE 1772–1774, RESOLUTION 1456–1460

Approved the Following Action:

- 2023 Des Moines Farmer’s Market Agreement
- South Sound Boating Season Opening Day Proclamation
- Hazard Waste Management Program – Grant Agreement
- 2023 Passenger Ferry Pilot Implementation
- Controlled Substances and Drug Use in Public Places
- Housing Action Plan
- Puget Sound Energy Easement – Parcel 082204-9034 (Field House)
- Des Moines Creek Estuary Project, Engineering Services Task Assignment
- South 216th Marine View Drive Pipe Upgrade Project, Engineering Services Task Assignment
- Draft Ordinance 23-025, Obstructing a Fire Lane, Ordinance No. 1772
- 24th Avenue S Improvements Project – Interlocal Agreement with Highline Water District
- Lesbian, Gay, Bisexual, Transgender and Queer/Questioning, Intersex and Asexual/Aromatica/Agender Communities (LGBTQIA+)
- Amendment #3, Verra Mobility Speed Cameras
- Issuance of Bond (\$26 Million) for Marina and Redondo Redevelopment
- Juneteenth Proclamation
- Arts Commission Appointment
- Administrative Office of the Courts – Reimbursement Agreement
- Des Moines Marina Surveillance Cameras

DES MOINES CITY COUNCIL



Matt Mahoney
Mayor



Traci Buxton
Deputy Mayor



Gene Achziger
Councilmember



JC Harris
Councilmember



Jeremy Nutting
Councilmember



Vic Pennington
Councilmember



Harry Steinmetz
Councilmember

**City Council meets
1st, 2nd and 4th
Thursdays of the
month at 6:00pm**

Subject to change

- 2024 SKHHP Work Plan and Budget, Resolution #1456
- Duong Single Family Residence Shoreline Variance Process
- City Council Protocol Manual Adoption, Resolution No. 1459
- 2023 Lodging Tax Advisory Committee Spending Recommendation
- 24th Avenue S Improvements Project – Right of Way Acquisition
- Field House Playground Equipment Upgrade: Construction Contract and Consultant Agreement
- Right of Way Dedication – College Way
- Washington Economic Development Finance Authority – Bond Request, Resolution No. 1460
- 24th Avenue S Improvements Project – Construction Contract Award and Consultant Services Agreements
- Compost Procurement Policy, Ordinance No. 1774

Held the Following Public Hearings:

- Transportation Improvement Plan (2024-2043), Resolution #1457
- City of Des Moines Housing Action Plan, Resolution No. 1458
- Washington Economic Development Finance Authority – Bond Request, Ordinance No. 1773

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ANEW Recruits for Free Upcoming Pre-Apprenticeship Training Classes

Do you struggle to make ends meet and want to earn a family wage career? Are you interested in the construction industry but don't have experience or know where to begin? Most importantly, do you want to change your life and start anew? If you answered yes to any of these questions, there's no better place to start than at ANEW and no better time than now.

ANEW's pre-apprenticeship training is urgently recruiting for our upcoming cohorts! Enrollment is open for the Pre-Apprenticeship Construction Education (PACE) co-ed classes starting in September at our Tukwila location. Our Trades Rotation Program (TRP) class for women and those who identify as, begins in October at our Tukwila location as well.

These high-quality, pre-apprenticeship training programs prepare and help you explore a variety of career options in the construction industry and various trades.

Cohort	Tryout	Start Date	Graduation	Days
PACE 40	Sept 6	Sept 13	Dec 1	Wed-Fri
TRP 121	Oct 2	Oct 9	Dec 13	Mon-Thurs (thru 11/15) Mon-Wed (remainder)

What makes ANEW's 12-week training programs truly remarkable is that they are free (no cost to you!) and available for anyone to apply. Although applicants must be at least 18 years of age, we welcome individuals of all ages, gender identities, race, and backgrounds.

Students receive opportunities to visit working construction sites and jobsite tours for different trades. During the program, you earn certifications in OSHA 10, flagging, and forklift training, all while learning construction skills, proper use of tools, and Personal Protection Equipment. You'll further

your professional development with resume building, trades-specific math, mock interviews, speed mentoring, and financial literacy.

Many resources are available during and after the pre-apprenticeship program. One of the greatest benefits of graduating from ANEW is that you will receive direct or preferred entry into a construction apprenticeship program. Your new future awaits!

Get started by attending an info session and visiting www.anewcareer.org. See the schedule above for program dates and locations!

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WSDOT SR 509 Completion— South 216th Street Bridge Construction

The South 216th Street Bridge will close to eastbound traffic as early as Oct. 2023. The Washington State Department of Transportation is constructing a new bridge over Interstate 5 on South 216th Street as part of the SR 509 Completion Project.

WSDOT's contractor is carrying out the South 216th Street bridge replacement in phases. The first stage, building the new southern portion of the bridge, is already underway. In fall 2023, WSDOT will shift westbound bridge traffic onto the newly constructed portion of the bridge. Eastbound traffic will be detoured to South 200th Street and SR 516 for about six months so that crews can demolish the old South 216th Street bridge and build the north portion of the new bridge. When complete, the new, wider bridge

will feature bike lanes, ADA-accessible sidewalks, and a new dedicated left turn lane onto Military Road South.

Learn more about the SR 509 Completion Project at bit.ly/SR509completion and check out WSDOT's explainer video by scanning the QR code with your smartphone.

To contact the project directly, email SR509Construction@wsdot.wa.gov, or call the project hotline at 206-225-0674.



DES MOINES POLICE DEPARTMENT GETTING PEOPLE SERVICES TEAM



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Des Moines Local Churches
Check with your local church to see if they are part of the drive.



GET READY

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✓ 1. Get alerts and know what to do.



✓ 2. Make a plan to protect your people.



✓ 3. Pack a Go Bag with things you need.



✓ 4. Build an Emergency Supply Kit.



✓ 5. Help friends and neighbors get ready.



✓ 6. Learn More with Additional Resources.



✓ 7. Prepare for Local Hazards.



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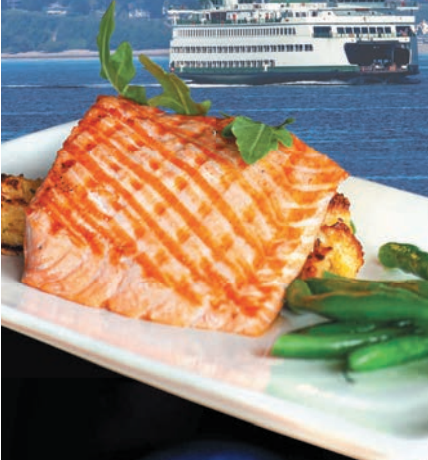
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Continuity of Excellence

Prior to COVID, the City was honored that several of our employees received Outstanding performance awards from their respective associations.

Melissa Patrick, our City Probation Officer was awarded Probation Officer of the Year in the State of Washington by the Washington State Misdemeanant Probation Association. Melissa has continued her excellence in contributing to the successful operation of our Court and currently holds the position of Director of Court Administration.

One of the most important positions in the City is that of City Clerk. The City has been very fortunate for the past decade to have had Ms. Bonnie Wilkins perform this role in an exemplary manner. The quality of her efforts did not go unnoticed and we were very proud of Bonnie as she received City Clerk of the Year in the State of Washington awarded by the Washington Municipal Clerks Association. Bonnie continues to make very significant contributions to the functioning success of our City, serving now as our Chief Administrative Officer.

Des Moines City Manager, Michael Matthias received the 2019 award for excellence from the Washington City/Council Management Association. This is their top award that recognizes outstanding performance by a City

Manager who has consistently initiated creative, innovative, and successful programs. Mr. Matthias has continued to make significant contributions to the growth, development, safety and wellbeing of our community, keeping the City on a strong financial footing and helping move the City forward.

Throughout the challenges presented by COVID, the City continued to function as best we could standing up Emergency Operation Center and doing everything necessary in keeping our community and City staff safe.

The pursuit of excellent in the City of Des Moines continues. We are very pleased to report that the City has received the Local Government Award for Innovation from the Washington City/Council Management Association and The Municipal Research and Services Center. This award reflects the extraordinary efforts of our excellent City Employees, Administration, and Leadership. On August 17, 2023 several Senior Officials of the City attended an awards ceremony in Spokane where the city received the award. We are committed to maintaining excellence in local government and are grateful for the acknowledgement and honor bestowed by receiving this award.





The City of Des Moines is updating its **Comprehensive Plan**. Input from residents, recreation groups, property owners, community groups and other stakeholders will **form a broad and public conversation about the city’s growth and development**. It is important the City hears from as many interested people as possible...*that means you!*

- The Comprehensive Plan describes how Des Moines will continue to provide necessary facilities and services to accommodate job and population growth. The plan also describes the kind of community Des Moines wants to become, as envisioned by those who live, work, recreate and visit the City.
- Visit the project website at <https://imaginedesmoines2044.com> for up-to-date announcements and information!
- Email your comments to compplan@desmoineswa.gov

TAKE THE SURVEY - VISIT

<https://imaginedesmoines2044.com/>

OR SCAN THE QR CODE:



La Ciudad de Des Moines está actualizando su **Plan Integral**. Los aportes de los residentes, grupos de recreación, propietarios, grupos comunitarios y otras partes interesadas **formarán una conversación amplia y pública sobre el crecimiento y desarrollo de la ciudad**. Es importante que la Ciudad escuche a tantas personas interesadas como sea posible ... ¡eso significa tú!

- El Plan Integral describe cómo Des Moines continuará brindando las instalaciones y los servicios necesarios para acomodar el crecimiento de la población y el empleo. El plan también describe el tipo de comunidad en la que Des Moines quiere convertirse, rodeada por quienes viven, trabajan, se recrean y visitan la ciudad.
- ¡Visita el sitio web del proyecto en <https://imaginedesmoines2044.com> para obtener información y anuncios actualizados!
- Envía tus comentarios por correo electrónico a compplan@desmoineswa.gov

TOMA LA ENCUESTA - VISITA

<https://imaginedesmoines2044.com/>

O ESCANE EL CÓDIGO QR



Barnes Creek/Kent-Des Moines Road Culvert Replacement Project

Washington State Department of Transportation (WSDOT) is constructing a new culvert beneath State Route 516, also known as Kent Des Moines Road, just west of 16th Avenue South. Barnes Creek is currently restricted by an aging culvert below the roadway. The replacement is part of WSDOT's fish passage program intended to correct barriers that impede fish migration.

At just 2 feet in diameter and built from clay, the existing culvert that carries Barnes Creek under SR 516 is a barrier for fish trying to swim upstream and is in danger of failing. This project will replace the small clay culvert with a new structure that is 20 feet wide and 9 feet tall, allowing fish and other wildlife to move freely up and down the creek.

Construction is scheduled to begin in August, 2023 and will include a nine-day full closure of SR 516. In order to complete the work safely and in a timely fashion, crews expect to keep SR 516 closed around-the-clock for nine days. A signed detour will direct travelers around the closure using 16th Avenue South, South 240th Street and Marine View Drive South.

For additional information please see the projects website at: <https://wsdot.wa.gov/construction-planning/search-projects/sr-516-barnes-creek-fish-passage>

Exciting Developments at Redondo Beach: New Fishing Pier and Restroom Project Set to Begin

We are thrilled to announce a significant improvement coming to the Redondo neighborhood; the Redondo Fishing Pier and Restroom Projects.

The City is planning to advertise the projects for bid this fall, with construction work scheduled to commence in the first quarter of 2024.

This project will replace the existing deteriorated Redondo Fishing Pier and Restroom facilities. The new pier will be constructed from concrete and steel with composite grating for the walkways. The new restroom will be situated within the parking lot area east of Redondo Beach Drive South.

We understand the anticipation among the community for this long-awaited project and thank you for your patience. The in-water work for the fishing pier will begin around July, 2024, consistent with federal permit requirements.

If you have any questions, contact the City project manager, Allyssa Beaver, at 206-870-6725.



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24th Avenue South Improvements Project

The 24th Avenue South Improvements Project was advertised for bids on June 14, 2023 with a public bid opening on July 11, 2023. SCI Infrastructure was the responsive low bidder and has been selected as the contractor for the project.

The project aims to make several improvements along 24th Ave S, between S 223rd St and S Kent-Des Moines Road. The proposed improvements include the construction of sidewalk, bike lanes, reduced travel lane widths for traffic calming, a two-way left turn lane, new storm drainage, and illumination. The project will improve non-motorized user safety with the construction of bike lanes and ADA sidewalks on both sides of the roadway and enhanced pedestrian crossings near Midway Elementary and Pacific Middle schools.

The construction of the 24th Avenue South Improvements Project is scheduled to begin in September, 2023 and anticipated to be completed in December, 2024. We sincerely thank the community for their patience and continued support throughout the project construction phase.

If you have any questions, contact the City's project manager Khai Le at 206-870-6537.



Thank you

These two simple words can't begin to convey our appreciation for the beautiful volunteer organizations in Des Moines we partnered with to help make this year's Waterland Kids Festival a success.

Civic participation is essential because it builds stronger, happier communities and creates a feeling of belonging among often overlooked and underheard residents.

These groups don't get paid; they do it out of love for the community.

We honor you.



Want to help? Donate at [www. DMLegacy.org](http://www.DMLegacy.org)





Community Preferences and Priorities Survey

City Communications and Engagement Practices

www.desmoineswa.gov



PLEASE TELL US WHAT YOU THINK!

Des Moines is a diverse community, and the needs of our community members are evolving as the city grows. The City is assessing our communication practices to better understand your needs so we can develop goals and priorities to improve the effectiveness and efficiency of the City's communication efforts with people who live, work, or visit Des Moines.



- Please take a few moments to complete this 15 question survey.
- All questions are optional and information you share will remain anonymous
- Your feedback will help create a more informed, engaged, and thriving Des Moines!



Completing this survey should take approximately 10 minutes

To complete the survey online visit: <https://www.surveymonkey.com/r/8Z7KL79>



Mail hardcopy survey responses to the City by Oct. 5th, 2023.

City of Des Moines

Attn: Community Communications Survey

21630 11th Avenue S, Suite A, Des Moines, WA 98198

1. What option below best describes your connection to the Des Moines community and for how long?
(Please check any options that apply to you)

	2 years or less	3-10 years	11-20 years	Over 20 years
I live in residential property in Des Moines	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I live in a multifamily property in Des Moines	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I work in or own a for profit business in Des Moines	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I work in or own a nonprofit organization	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
I like to visit Des Moines but do not live or work in the city	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Prefer not to say	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

2. Overall, how good are the City's current communication and engagement efforts when it comes to keeping you informed or addressing community interests?

- Excellent
- Good
- Satisfactory
- Needs Improvement
- Unsatisfactory

3. Overall, are the communications put out by the City helpful and easy to understand?

- Yes
- No
- No Opinion / Do not know

Are there any improvements you would recommend and to which channel, publication, type of communication?

4. Overall, how satisfied are you with the frequency and timeliness of the City's communications?

- Very satisfied
- Somewhat satisfied
- Neutral / Do not know
- Somewhat dissatisfied
- Very dissatisfied

Please share any improvements you would recommend below:

5. Which of the following sources do you prefer use when looking for information related to City of Des Moines news, updates, or services? (Make up to 8 selections)

- City of Des Moines website
- The City's Facebook page

- Des Moines Community Facebook Pages
- The City's YouTube channel
- City Currents magazine
- City Council Meetings
- Community meetings or town halls
- Email, phone, or in-person communication with City staff
- Email, phone, or in-person communication with a City Councilmember
- Visiting the assistance counter at City Hall
- A Councilmembers personal blog, website, or social media platform
- Neighborhood-based activities with City Staff or Council (such as informal conversation forums, walking tours, or site visits)
- Public Access TV (Comcast Channel 21)
- Posters, Flyers, or Factsheets at Key Locations in the Community
- Other, please specify below:

6. Is there content you would like to see more of in the City's communications? (Select all that apply)
- Official City news and updates on initiatives and projects
 - City or community events and activities
 - Community initiatives, projects, or highlights
 - City Council news and updates
 - Opportunities to provide public comment on important issues, topics, or decisions being made in City government
 - Visual content (photos, videos, infographics)
 - Other, please specify below:

7. Have you ever attended City-hosted meetings or events and what was your experience. (Select all that apply)

- I have attended a past meeting or event and the experience was positive
- I have attended a past meeting or event and the experience was negative
- I have not attended a past meeting or event
- I would like to attend future meetings or events
- I do not plan to attend a future City-hosted meeting or event

Please provide any additional information or comment related to this question below:

8. How easy is it to find and access the information you need on the City's website?

- Very easy
- Moderately easy
- Neutral / No Opinion
- Not very easy
- Not at all easy

Please share any improvements you would recommend below:

9. If you previously visited the City's webpage, why did you visit and did you find what you needed?

10. Would you recommend any of the following improvements to the City's webpage? (Select all that apply)

- Clarity of content
- Purpose of content
- Language choices
- Visual and graphics
- Ease of navigation
- Overall effectiveness
- I don't have recommended improvements
- Other, please specify below:

11. How easy is it to get helpful information or assistance in a timely manner when you engage with City staff by phone, email, or in-person?

- Very easy
- Moderately easy
- Neutral
- Not very easy
- Not at all easy

Please share any improvements you would recommend below:

12. What are your priorities for improving how the City communicates and engages with the community? Please select all that apply.

- Improve access for people with disabilities
- Make information simpler to understand
- Provide information in a wider variety of languages
- Hold more community meetings or town hall events
- Offer more ways for the public to provide comment on City projects or issues
- Use the City's social media, digital communications, and other online tools more often
- Make it easier to find information on the City's website

Please share any improvements you would recommend below:

13. Are there any specific communication platforms or methods you believe we should consider adopting in the future?

14. Do you have any additional comments or suggestions regarding our communication efforts?

15. Which neighborhoods do you live or work in? (Please draw a circle on the map)



Optional Demographic Questions

Demographic questions help us understand who is participating and how well community engagement efforts or input gathered reflect the diversity of our community.

Age

- Under 18
- 18-24
- 25-44
- 45-64
- 65 and over

Gender

- Male
- Female
- Transgender
- Non-binary
- Other
- Prefer not to answer

Race/Ethnicity

- Caucasian
- African American
- Latino or Hispanic
- Asian
- Native American
- Native Hawaiian or Pacific Islander
- Other
- Prefer not to say, Unknown

Disability

- Hearing
- Vision
- Cognitive/Mental
- Ambulatory/Mobility
- Self-care Difficulty
- Other

Language Access

The most common languages spoken in King County are listed below. Please tell us what language makes it easiest for you to get information or participate in City of Des Moines activities.

- Spanish
- Vietnamese
- Russian
- Somali
- Chinese
- Korean
- Ukrainian
- Amharic
- Punjabi
- Tagalog
- Prefer not to say
- Cambodian
- Laotian
- Japanese
- Hindi
- Arabic
- Farsi
- Tigrinya
- Oromo
- French
- Samoan
- Other, please specify:



Thank you for your participation!

Your feedback will be used to help identify opportunities to improve our communication tools and practices.



Is it fall already? Prepare for rain...

It's that time of year again!

When it comes to storm water, here are some things we can all do to protect our homes, property, and the local environment.

GUTTERS: Make sure your gutters are clean and working properly. This can reduce the potential for clogged drains and water backups.

DRAINAGE SYSTEMS: Understand your property's storm water system. A few common systems used throughout Des Moines are splash blocks, French drains, and dispersion trenches. Any type of system receives runoff from hard surfaces (roofs and driveways) using small basins and perforated pipe buried in gravel. Please contact the City for more information on how to identify and maintain these vital systems.

BASIN DEBRIS: Remove debris from basins. As leaves start to fall, make sure they are raked up and disposed of with your yard waste. Leaves and lawn clippings can plug basins and ditches, causing temporary flooding problems.

DRIVEWAYS & SIDEWALKS: Sweep driveways and sidewalks. It may take more time than pressure washing, but sweeping allows you to contain contaminants and dispose of them properly in the garbage. As with vehicles, driveways accumulate more than just dirt. Rubber from tires, metal from brake pads, and oil are some of the common things that build up on driveways. It is important to capture as much of these contaminants as possible, so they can be disposed of properly before washing into the Sound.

PET WASTE: Dispose of pet waste properly. Pet waste contains pathogens and nutrients that can have a negative impact on storm water runoff and the environment. Before going on walks, remember to bring pet waste bags. Remember to always dispose of pet waste bags into a garbage can.

The City of Des Moines Surface Water Management Department wants to hear from you. We are looking for feedback on what concerns residents have with regard to surface and storm water. Please submit a "Fix-it" form using the QR code above.

RECREATION CLASSES & PROGRAMS

Club KHAOS

Kids Having An Outrageous School Year!

Our energetic and dedicated staff will ease you and your kids into an outrageous school year filled with fun, friendships and enriching experiences to stimulate their imagination, spark their learning skills and develop healthy habits! Students will be bussed from Des Moines, North Hill, Marvista, Midway, and Parkside Elementary Schools to the Des Moines Field House, where they will be welcomed into the activities of the afternoon! Participants must be picked up at the Field House before 6pm or late pickup fees will apply. Pre-Registration is required, 3-5 day options available, you choose the days. Registration opens for upcoming month on the 20th, closes each week Monday at 8am. Call 206-870-6527 for more information.

Prices:	Resident/Non-Resident
One Time Registration Fee	\$30/\$35
Daily Rate	\$20/\$25
Late Registration Fee	\$25 OR \$1/minute until picked up*
Late Pickup Fee	\$1/minute

No Program Days:**

September 4th (Labor Day), 5th (No School Day)
 October 13th (Collaborative Teacher Work Day)
 November 9th (No School Day), 10th (Veteran's Day),
 20th-22nd (Conferences), 23rd-24th (Thanksgiving)
 December 25th-Jan 5th (Winter Break)

**If an unregistered student arrives at the Field House via bus for Club KHAOS, parents/emergency contacts will be notified immediately by phone and subject to a \$25 late registration fee in addition to the price of registering for the week, OR \$1 per minute until that student is picked up from the Field House*

***Program Dates and Times Subject to Change due to School District Schedules*

YOUTH LEAGUES



Basketball

Hoop season is here! Join us in learning the basics of basketball while playing in an effective team building and competitive environment! Your player will practice one weeknight evening per week, and have games on Saturdays at the Field House or local schools. Register online today at our website, www.desmoineswa.gov/daysmart. Early Bird Discount ends September 25th!

Practices: December 11th, 2023 – March 15th, 2024

Games: January 13th – March 16th, 2024

Co-ed Youth Division: Kindergarten, 1st-2nd Grade

Youth Recreation Divisions

Boys Division

Grades 3-4, Grades 5-6

Girls Division

Grades 3-4, Grades 5-6

Registration Dates

September 5th-25th EARLY BIRD
 September 26th-November 9th

Resident/Non-Resident

\$95/\$115
 \$105/\$125

Coaches are always needed for our Youth Sports Leagues! If you are interested in coaching a team of your own, please reach out to us at recreation@desmoineswa.gov for more information.

YOUTH SPORTS SPONSORSHIP

Your Business can sponsor a youth sports team for the children of Des Moines.

Sponsorships Include:

- Logo on team jerseys
- Promotion on DMPRSS socials
- Team Sponsorship Plaque



SCAN THE QR CODE OR CONTACT US FOR MORE INFORMATION:

206-870-6527

recreation@desmoineswa.gov









YOUTH ACTIVITIES

Indoor Tot Time – Returning September 7!

Keep your little ones ages 1-5 years old active with age-appropriate exercise and play in the Field House Gym! We will have tumbling mats, ride-on toys, and age-appropriate sports equipment available on-hand. Join in the fun and watch them make new friends along the way. Tot Time will be CLOSED when Highline Public Schools is closed. \$3 per child, \$25 for a 10-visit punch card* by credit/debit only as the Field House is a cash-less facility!

Field House Gym **Time**
Tuesdays & Thursdays 10am-12pm

No Program Days:

Nov. 9th, 21st, 23rd, Dec. 26th, 28th, Jan. 2nd, 4th

*Virtual Punch Cards available for purchase through your online account, over the phone, or in person

Open Gym – Begins Sept 11!

We will be starting Open Gym Drop-In for Youth Participants (ages 5-17) with Parent/Guardian supervision on Monday evenings from 5-6:30pm. Practice for our upcoming Winter League or bring some friends and play a pickup game, the hoops are adjustable and we provide basketballs! \$3 per child, \$25 for a 10-visit punch card* by credit/debit only as the Field House is a cash-less facility!

Field House Gym **Time**
Mondays 5-6:30pm

No Program Days:

November 21st, December 25th, January 1st

*Virtual Punch Cards available for purchase through your online account, over the phone, or in person

Art Exploration – School-Age

Join us for a fun and engaging out-of-school-time art program! This class is designed to give your child a chance to sample different art mediums, while exploring a variety of themes from Outer Space to Under the Sea. As an added bonus, participants will have a new piece of art to take home and display after each class. Register online at our website, www.desmoineswa.gov/daysmart!

Grades 2-5 **Field House Classroom**
Tuesdays 6-7pm

4 Classes **October 3rd, 10th, 24th, November 7th**
Class Fee: \$48

Fall Fun – Preschool Art

Calling all preschoolers for some fun and easy Fall/Winter craft projects! Each project is fully customizable to your child's skill level, parent/guardian supervision will be required. We even built in some "Wiggle Time" during each class to get our sillies out of the way and focus on the craft at hand! Register online at our website, www.desmoineswa.gov/daysmart!

Ages 1-5

Wednesdays

4 Classes

Class Fee: \$42

Field House Classroom

10-11am

Oct. 4th, 11th, 25th, Nov. 1st

VOLUNTEER COACHES NEEDED

Can you make a difference in the life of a young athlete? The answer is YES!



Join us in making our Youth Sports Leagues a meaningful experience for all. If you are interested in coaching, contact us for more info!

YOU HAVE WHAT IT TAKES

- 2-4 hours per week during the season
- All supplies, schedules, facilities, and practice curriculum are provided
- There is one mandatory informational Coaches Meeting per season
- Practice schedules are flexible, we work with you and your team to find a time that is good for everyone
- We focus on player growth as a whole, on and off the field or court!

Call the Field House for more information: 206-870-6527

ADULT ENRICHMENT

Dog Obedience

Learn how to be a “Kind, Calm, Confident Pack Leader” and enjoy life with your puppy or dog by learning basic obedience and good manners. We focus on having a positive, fun relationship with your furry family member, training them how to sit stay, walk nicely on leash, and come when called, among other commands. We also discuss good manners to help with barking, chewing, jumping up, etc. Please join us, we are happy to help you and your doggo! Jan Magnuson - owner of Sunstar Dog Training and retired DMPD Animal Care and Control Officer. Sign up online at www.desmoineswa.gov/daysmart or by giving us a call at the Field House! We also offer Individual Training opportunities, a 90-minute class with Jan specifically tailored to your family and your pet’s needs. More information and how to schedule those available at <https://sunstardogtraining.com/individual-dog-training-evaluation-consultation/>

Dogs 4+ months	Field House	R/NR
Wed September 6-27 FULL	6-7pm	\$95/\$105
Wed Oct 4-25	6-7pm	\$95/\$105
Wed Nov 1-29 (no class 22nd)	6-7pm	\$95/\$105
M-F Individual Classes	TBD	\$300

We will not be holding group class in December 2023, classes will resume in January 2024. Individual classes can still be scheduled in December, subject to instructor and Field House availability.

Hands-On Basket Weaving Class



Calling all basket weavers (no prior experience needed)! Join us for a fun 4-hour crafting session and learn to weave a colorful and one-of-a-kind wall pocket made with vine rattan and sea grass that you can hang on your wall and use to display dried flowers, hold mail, you decide! This class is fun, easy and open to all levels of basket weaving experience. Register online at our website, www.desmoineswa.gov/daysmart/

Ages 18+ **Activity Center Classroom**
 Saturday, October 21st 11am-3pm

Class Fee: \$50 (includes all required supplies and instruction)

Self Defense Class

R.A.D. is a course designed for female-identifying individuals, taught by DMPD officer Tonya Seaberry, which begins with risk reduction and avoidance followed by the basics of hands-on defense training. This is not a martial arts program; the techniques we will be practicing are suitable for participants of all abilities. Attendance at all three classes is required, space is limited so register early at www.desmoineswa.gov/daysmart. Class fee is \$10 per participant to be paid at the time of registration.

Ages 13+* **Field House Classroom**
 Wednesday-Friday October 4th, 5th, & 6th 6-9pm
**Mature topics will be discussed; a parent or guardian must accompany all participants under the age of 18.*

Craft Extravaganza

Get a head start on your handmade holiday gifts with this class, where you choose what you make! Lots of fun ideas, including decorative wood blocks & candles, coasters, denim crafting, sock animals, fabric piecing and more! The wide variety of projects will help anyone feel at home, whether you consider yourself a beginner or an expert crafter. Bring a friend and get ready to create! Register online at our website, www.desmoineswa.gov/daysmart/

Ages 18+ **Activity Center Classroom**
 Friday, December 1st 11am-2pm
Class Fee: \$50 (includes access to a variety of supplies and instruction)

What You Need To Know


WHERE TO FIND US

Des Moines Field House:
 1000 S 220th St
 Des Moines, WA 98198
 Office Hours:
 9am-4pm T-TH
 Subject to Change
 Contact:
 (206) 870-6527
desmoineswa.gov/registration
recreation@desmoineswa.gov

PHOTO POLICY

 Photos of participants in any program or event may be used in future posts or publications or for promotion of City of Des Moines Parks, Recreation, and Senior Services activities.

REGISTER EARLY!

 Programs that do not meet registration minimums are subject to cancellation. Participants in programs cancelled for low enrollment will be fully refunded

HOW TO REGISTER

Online, in person, or by phone.
 Debit/Credit Card Only.

 **FOLLOW US ON FACEBOOK**
@DesMoinesParksandRecreation



REFUND POLICY Refunds, less a \$20 administrative fee, will be granted when requested a minimum of 5-business days prior to the program/course start date. This fee will be waived if you opt for an account credit instead of a refund to the original form of payment. No refunds issued for programs that cost \$10 or less, programs where admission fee is purchased in advance, or special event registrations. Illness or other extenuating circumstances will be considered on a case-by-case basis. Please email all refund requests to recreation@desmoineswa.gov.



DANCE

Melanie's Dance Unlimited

Dance Classes for All Ages

Join us to learn the art of dance in a positive, structured, and inspiring environment. Our teachers have a rare combination of professional performing careers and college educations in dance that bring our classes to life! Classes take place at the Field House Gym, Melanie's Dance Unlimited's highly qualified instructors vary based on class subject and availability. Please visit their website at www.melaniesdancers.com for pricing, registration, and class dates/descriptions!

Tuesday Classes

TIME	CLASS	AGES
4:30-5pm	Tumbling Tots!	2-4
5-5:45pm	Preschool COMBO - Ballet/Tap/Jazz	3-5
5:45-6:30pm	Kids COMBO Dance 1- Ballet/Tap/Jazz	5-7
6:30-7:15pm	Kids Circus Acrobatics 1	5-10

Thursday Classes

TIME	CLASS	AGES
4:45-5:30pm	Youth COMBO Dance 1 - Ballet/Tap/Jazz	8-10
5:30-6:15pm	Kids Hip Hop 1	5-7
6:15-7pm	Kids Circus Acrobatics 1 & 2	5-11
7-7:30pm	Youth Hip Hop 2	8-12

SPECIAL EVENTS

Halloween Trunk-Or-Treat

Looking for a safe and self-contained Halloween activity for your family? Look no further than Des Moines Parks & Recreation's first Trunk-Or-Treat event presented by Land O' Frost! Local businesses and community members* alike will decorate their plot at Steven J Underwood Memorial Park and have plenty of candy to share. Wear your costume and experience the tradition of trick-or-treating, all while appreciating the creativity of our decorated plots!

Location	Date	Time	Price
Steven J. Underwood Park 21800 20th Ave S, Des Moines	Monday, October 30th	5-7pm	FREE!

*Please visit www.desmoineswa.gov/daysmart for more information on how to reserve and decorate a plot of your own!



SHREDDING EVENT

Accepted Items:

- ✓ Paper, such as receipts, bills, bank statements, cancelled checks (staples OK)
- ✓ File Folders ✓ Envelopes

Wednesday,
October 18, 2023
10am - 2 pm

Activity Center
2045 S 216th St.
Des Moines 98198
(206) 878-1642

Not Accepted:

- ✗ Cardboard
- ✗ Newspaper
- ✗ Boxes
- ✗ X-Rays
- ✗ Plastic

Event Hosted by the Des Moines
& Normandy Park Senior
Advisory Committee

-Open to all residents
-Maximum amount per person is
10 file-sized boxes of paper

Programs, Activities and Services at The Des Moines Activity Center



Des Moines Activity Center
 2045 S 216th Street
 Des Moines, WA 98198

Main: (206) 878-1642

DMAC Office Hours

Monday–Friday: 9am–3pm
 By Phone on Fridays

Closures

- Veterans Day: Friday, November 10
- Thanksgiving: Thursday, November 23 & Friday, November 24
- Christmas Day: Monday, December 25
- New Year's Day: Monday, January 1

For more information, to schedule an appointment or to register for a trip or class please call the Des Moines Activity Center (DMAC) at (206) 878-1642. You may also email us at seniors@desmoineswa.gov.



Additional information can be found on our Facebook page, [Facebook.com/DesMoinesActivityCenter](https://www.facebook.com/DesMoinesActivityCenter) and City of Des Moines webpage at www.desmoineswa.gov/senior

Shuttle Service from Normandy Park

Normandy Park Residents - registered to any of our outings and field trips? The Des Moines Activity Center offers convenient shuttle ride from Normandy Park City Hall to our Center. Call (206) 878-1642 to reserve a seat. Shuttle available by advance notice.

Refund/Cancellation Policies

Cancellations for any fee must be made at least three (3) business days prior to the start of the trip or class for full refund. Program fees will be nonrefundable to registrants if canceled less than three (3) days prior to the start of the trip or class.

**All sales final, no refunds on advance ticket purchases.*

What's Happening!
Senior Community Events

Celebrate your birthday, anniversary or milestone with us!

Every 1st Thursday of the month at 12 pm
 Join us as we celebrate your special day with cake!



Grandparents Day

Monday, September 11
 Celebrate Grandparents Day with the Des Moines Activity Center.



Self-Defense for Seniors: Must-Know Info About How to Protect Yourself **FREE**

Tuesday, Wednesday and Thursday, September 19-21 & 26-28, 10 am – 11:30 am, (9 hours of training)
 All fitness levels welcome. See Blueprint for Living Section for more information.

**Please be prepared to come to all six class sessions as each day builds on the next. Space is limited, so only register if you can guarantee that time.*

Happy Halloween at the Des Moines Activity Center!

Tuesday, October 31, 12 pm
 Wear your costume or orange and black and join us for a spooky time!

Dia de los Muertos, Day of the Dead Celebration

Wednesday, November 1, 12 pm
 Celebrate the Mexican and Latin cultural holiday that honors our departed loved ones.



Community Shredding Event at the Des Moines Activity Center

Wednesday, October 18, 10 am – 2 pm
 Open to all residents. Maximum amount per person is 10 file-sized boxes of paper. See event flyer or call our office for further information.

Celebrate Veteran's Day

Thursday, November 9, 12 pm
 Honoring our veterans, wear your spirit colors!



NEW! **Happy Diwali Day!**

Monday, November 13, 12 pm

Celebrate the Indian "Festival of Lights" holiday with a sampling of Indian sweet treats.

Holiday Bazaar at the Des Moines Activity Center

Saturday, November 18, 9 am - 3 pm

Join us for a fun filled day of holiday shopping. Open to the public. For more information, call (206) 878-1642.

Serve on our Senior Services Advisory Committee!

A community's greatest resource is its citizens. Through Citizen Advisory Boards, the City Council can gain valuable information and insights - and make better decisions. By serving on an advisory board, you can contribute to your community in a meaningful way. Complete the online application at <https://desmoineswa.applicantpro.com/jobs/>. Resume and cover letter are not required but encouraged.

Stress Free Technology

Tech Help with King County Library System

2nd Wednesday of the month

September - December, 12 pm - 1 pm

Have a tech issue? Bring your portable device over to the Des Moines Senior

Center where you'll be connected with our tech-savvy librarian, Beatriz. Kind reminder, we cannot fix computer hardware problems or download software for you, but we are able to

show you how to compose an email, download eBooks, use your iPhone or tablet, create Google Docs, and similar techie tasks. Appointment required. Call the Des Moines Activity Center to schedule your 15-minute appointment.



Out to Lunch and Out to Dinner

Registration begins Monday, September 11 at 10am. Ages 50+.

Enjoy a no-host lunch at new and old favorite eateries around the Sound.

All lunch/dinner outings are considered as walk-ins. May be subject to automatic gratuity charge. \$15 transportation fee.

Estimate of entrée and/or appetizer, exclusive of drinks and tips. Please review the restaurant menu.

\$ = \$25 and under \$\$ = \$25 to \$40 \$\$\$ = \$40 to \$55 \$\$\$\$ = \$55 and over

NEW! **Stanley & Seafort's - Tacoma \$\$\$ - \$\$\$\$**

****Please note this is a dinner outing.**

Thursday, September 28, 3:30 pm - 7 pm

Menu: <https://www.stanleyandseafort.com/menus/#dinner-menu-rsst>

Bourbon Street Creole Kitchen & Bar - Puyallup \$ - \$\$

Friday, October 27, 11:15 am - 2 pm

Menu: <https://www.bourbonstreetpuyallup.com/menu>

Hudson - Seattle \$ - \$\$

Wednesday, November 8, 10:30 am - 2 pm

Menu: <https://www.hudsonseattle.com/menu>



Everyday Grace Adult Daycare Home

Are you caregiving for a loved one, but still have to work or take a much needed break?

Our Adult Daycare Home provides your loved one with important socialization and activities while you take care of your needs, preventing caregiver burnout.

We provide half day, full day, or respite to meet your family's needs.



Owners and Providers, **John Nation and Kristina Saelee**
1017 S 242nd St | Des Moines, Wa 98198
everydaygraceafh@gmail.com | 206-841-7871

Health and Fitness

Tai Chi

\$60, 4 weeks, 8 classes

Tuesdays & Thursdays, 1 pm – 2 pm

September 5 – September 28

October 3 – October 26

October 31 - November 28, no class on November 23

Join instructor John Lindsay in this class that blends exercises for health benefits, longevity and fun. This class is broken down into Introductory Levels and Continuation Levels. The class familiarizes students with the basic movements of Tai Chi and explores the 24-pattern sequence. The emphasis is on the no-impact, relaxed flowing movements, which aid in balance, increased strength and vitality. Wear comfortable, loose clothing.

EnhanceFitness

\$25/4-week series

\$7/drop in fee

Mondays, 9:30 am – 10:30 am

August 21 – September 18, no class on September 4

September 25 – October 16

October 23 – November 6

EnhanceFitness focuses on dynamic cardiovascular exercise, strength training, balance, and flexibility. Wear your sneakers, bring a towel and bottled water. Enhance Fitness class is free to Kaiser Permanente Medicare Advantage members. Check eligibility with your insurance company.

Transportation



AARP Smart Driver Class

Wednesday, October 25 and

Thursday, October 26, 10 am – 3 pm

Age 50+. Discover how to be more aware in today's traffic. Reinforce good habits and iron out the bad habits that have crept into your driving pattern. Upon completion of the course, your certificate will get you a discount on your auto insurance as required by state law. Lunch break provides an opportunity to take advantage of the Nutrition Lunch Program. Suggested donation per meal; \$4.50. Payment collected on first day of class in either check or money order form. Must attend both classes. Registration required.

\$20 AARP Member/

\$25 AARP Non-member

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LEARN TO COMMUNICATE SO YOUR CHILD WILL LISTEN

Empowered Parenting supports parents through:

- one-on-one coaching,
- workshops, and
- online membership

To learn more schedule your free Discovery Call with Kristina at <https://calendly.com/kristina-04/discoverycall>

Kristina Saelee, BSW, Parent Coach
www.empoweredparenting.family
kristina@empoweredparenting.family
206-841-7871



1st Annual

Holiday Bazaar

Open to the Public

Saturday, November 18, 2023

Time: 9:00-3:00pm

**Des Moines Activity Center
2045 South 216th Street
Des Moines, WA. 98198**

A Fun Filled Day of Holiday Shopping.

Homemade Crafts and Goods:

**Baby items Candles
Jewelry Christmas Ornaments
Designer Mugs Wreaths
Wood Items Holiday Wooden Signs
Unique Gifts Gift Wrapping**

Food and Drinks

For more information call: 206-878-1642

Lunch at the Des Moines Activity Center

Hot lunch Ages 60+

Monday – Thursday, 12 pm – 12:30 pm.

Dining room open at 9 am.

Bring a friend and make a new one as we enjoy a nutritious meal in our dining room. Suggested donation per meal; \$4.50. Please see our Facebook page or webpage www.desmoineswa.gov/senior for our current menu.



DMAC WISH LIST

We are asking for the following items:

Printer copy paper

Coffee and coffee creamer

Postage stamps

Hand soap

Paper towels

Kitchen spices; salt and pepper

Volunteer Opportunities

The Activity Center could not operate at the level it does without volunteers. We have many opportunities for you to get involved within your community. Lunch provided. For more information, contact (206) 878-1642.

- Kitchen Volunteers
- Dining room set up
- Lunch Hostess
- Special Events Team
- And many more!

Ongoing Activities

Ongoing activities are at no-cost. Donations are accepted

Adult Coloring & Painting Club

Tuesdays, 10 am – 11 am

Get artistic! Color and work on your art at your leisure and get creative while visiting with friends. Some coloring books, pages and supplies offered for use.

American Mahjong

Wednesdays, 12 pm – 2 pm (New Time!)

MEDICAL LENDING CLOSET

Need a walker, cane, wheelchair or commode?
Call DMAC to find out what we have in stock. OPEN DURING DMAC OPERATING HOURS



Vision 2023 Art Gala



Mark Your Calendar!

Saturday - November 18th

6:30 - 8:00PM

SeaTac Community Center

13735 24th Avenue South, SeaTac, 98168

Free Entrance, Free Parking, Compliments of BurienArts.Org

Health & Social Services All services are at no-cost unless stated.

Caregiver & Grief Support Group

Every 2nd and 4th Tuesday of the month, 11 am – 12 pm
Des Moines Activity Center hosts a twice-monthly caregiver and grief support group led by Cynthia Zink, Grief Recovery Method Specialist. As a supportive, informal group, share with others who are experiencing the same joys and challenges, and who can empathize and offer valuable insights, suggestions and resources. No registration necessary.

Social Worker, Referral Services

Mondays, 9:30 am – 10:30 am
in-person, available by phone or email
10:30 am – 1 pm, by phone or email
No charge, in-person, telehealth and phone appointments. Please call DMAC to schedule your appointment.



Foot Care

1st & 3rd Wednesdays, 9 am – 1 pm
\$35 for a 30-minute appointment.
Please call DMAC to schedule your appointment.

Senior Community Health Screening for Ages 55+

2nd Mondays, 10 am – 1:30 pm
In partnership with POCAAN, free wellness exam. Blood pressure, cholesterol, glucose and nutritional assessment are just some of the services offered. No appointment necessary.

Statewide Health Insurance Benefits Advisors (SHIBA) Services

3rd Mondays, 10 am – 12:30 pm
Have questions or need assistance with Medicare? Please call DMAC to schedule your appointment with Ron Lome, SHIBA volunteer.

Meals on Wheels

If you need additional food support, Meals on Wheels provides nutritious meal delivery at no cost for people ages 60-plus who qualify. The Senior Center operates this program in coordination with Sound Generations. To sign up or to volunteer, visit soundgenerations.org.



Des Moines Elder Law

3rd Thursdays, 10 am – 11:30 am
Get legal guidance and information in the following: Wills, power of attorney, living will, living trust, estate planning, community property agreements, and/or probate. Please call DMAC to schedule your appointment.

Everyone deserves to feel secure. That's why self-defense for seniors is such an important topic.

As people age, their bodies tend to get slower and weaker, which can make them vulnerable to attacks by criminals. Fortunately, there are a variety of good tactics that older adults can learn in order to protect themselves.

All fitness levels welcome.

Self-Defense for Seniors: Must-Know Info About How to Protect Yourself (9 hours of training)

**September 19, 20, 21 and 26,27, 28
10am – 11:30am**

**Des Moines Activity Center
2045 South 216th Street, Des Moines, WA 98198**

- Registration begins Wednesday, September 11 at 10 am. Call Des Moines Activity Center to register, (206) 878-1642.
- Please be prepared to come to all six class sessions as each day builds on the next. Space is limited, so only register if you can guarantee that time.



Day Trips

**All sales final, no refunds on advance ticket purchases.

Registration begins Wednesday, September 11 at 10 am. Explore the Northwest and leave the driving to us! Age 50+ and travel days vary. Normandy Park senior residents, ask us about shuttle service to any of our day trips!

**Senior Day! Seattle Mariners Baseball Game, Seattle - \$75

Wednesday, September 13, 10:15 am – 5 pm

Come join us for an afternoon of food, fun, and baseball at Mariner Stadium! Ticket includes a ballpark meal of hot dogs, pasta salad, chips, cookies, lemonade, coffee, and tea. Clear plastic or vinyl bags no larger than 12" x 6" x 12" are permitted. T-Mobile Park is 100% cashless.



» Activity Level: MODERATE, not suitable for wheelchairs or walkers.

**The Washington State Fair, Puyallup - \$30

Monday, September 18, 8:30 am – 4 pm
Mark your calendar. We are going to this year's Washington State Fair!

» Activity Level: MODERATE

**Smith Tower Tour, Seattle - \$75

Friday, September 22, 11 am - 5 pm
We'll start with a no-host lunch in Seattle before the tour. Take a step back into history with a tower tour then head up to the 35th floor as we end our day with breathtaking views from Seattle's original skyscraper. Fee covers transportation, ticket and a mocktail at the Observatory Bar at the end of the tour.

» Activity Level: MODERATE, not suitable for wheelchairs.

Bigelow House Museum, Olympia - \$30

Tuesday, September 26, 9:45 am – 4 pm
It is the oldest residence in Olympia, Washington, and one of the earliest still standing in the Pacific Northwest. A no-host lunch at a Tugboat Annie's in Olympia will follow the tour.

» Activity Level: MODERATE, stairs involved. Not suitable for wheelchairs or walkers.

Seattle Chocolate Factory Tour, Tukwila - \$30

Tuesday, October 3, 9:15 am – 3 pm
Explore chocolate-making machines and the start-to-finish creation of chocolate truffles and bars. Discover the history of chocolate, the untold stories of Seattle Chocolate Company, and learn how they invent new flavors. Wear comfortable walking shoes and no dangling jewelry. Lunch at Indian Curry Palace, Tukwila following tour.

» Activity Level: MODERATE. Stairs up to the viewing platform and walkway may pose a difficulty to persons with mobility restrictions. No wheelchairs or walkers.

Lunch and Tour at Alderbrook Resort & Spa, Union - \$35

Friday, October 6, 9:30 am – 4 pm
A no-host lunch at The Restaurant at Alderbrook followed by a tour of the beautiful grounds of Alderbrook Resort. Following lunch, we will stop by Union Country Store.

» Activity Level: EASY, walking involved.



Bob's Corn and Pumpkin Patch, Snoqualmie - \$40

Tuesday, October 10, 9 am – 4 pm
Take the grain train to the main pumpkin patch, pick a pumpkin, visit the sunflower fields, find your way through the corn maze and enjoy all the sights and sounds from this real working farm. Bring money for food, concession stands or additional activities.

» Activity Level: MODERATE, not suitable for wheelchairs or walkers.

Red Wind Casino, Olympia - \$30

Thursday, October 12, 9 am – 4 pm
Something for everyone; gaming, dining or entertainment.

» Activity Level: EASY, walking involved.



UW Women's Volleyball vs Oregon - \$30

Sunday, October 29, 10 am – 4 pm
Let's cheer on our Huskies! Stay for a post-game group photo on the volleyball court.

» Activity Level: MODERATE, walking involved.

Shopping the Tulalip Outlets - \$30

Friday, November 3, 9 am – 4 pm
Shop for a deal or get ahead of your holiday shopping!

» Activity Level: EASY, walking involved.

McMenamins Anderson School, Bothell - \$30

Tuesday, November 7, 8:30 am – 4 pm
Built in 1931 in the art deco style, Bothell's first junior high has been revitalized with pure fun and all-around enjoyment for visitors of all ages. Start with an outdoor garden tour at 10 am followed by self-directed exploration of the five acres of gardens and nooks. Have a no-host lunch at any of the restaurants.

» Activity Level: MODERATE, walking involved. Not suitable for wheelchairs.

Blueprint for Living

Registration begins Wednesday, September 11 at 10 am. All classes are at no-cost unless stated.

Caregiver & Grief Support Group

Every 2nd and 4th Tuesday of the month, 11 am – 12 pm

Des Moines Activity Center hosts a twice-monthly caregiver and grief support group led by Cynthia Zink, Grief Recovery Method Specialist. As a supportive, informal group, share with others who are experiencing the same joys and challenges, and who can empathize and offer valuable insights, suggestions and resources. No registration necessary.

Self-Defense for Seniors: Must-Know Info About How to Protect Yourself – Programming presented by the City of Des Moines Police Department

Tuesday, Wednesday and Thursday, September 19-21 & 26-28, 10 am – 11:30 am, (9 hours of training)

Everyone deserves to feel secure. That's why self-defense for seniors is such an important topic. As people age, their bodies tend to get slower and weaker, which can make them vulnerable to attacks by criminals. Fortunately, there are a variety of good tactics that older adults can learn in order to protect themselves. All fitness levels welcome. * Please be prepared to come to all six class sessions as each day builds on the next. Space is limited, so only register if you can guarantee that time.

NEW! Writing Circle

2nd Thursday every other month, 10 am – 11:30 am

October 12, December 14

Get together with other writers to connect and learn new skills. Bring your paper, pen, or laptop to work on your own work or craft a response to writing prompts. Afterwards, we will have time to share and provide feedback. For writers of all genres and skill levels. Facilitated by your local librarian from the Des Moines Library.

Educational programming presented by Humana

Every 3rd Wednesday beginning in October 2023, 10 am – 11 am (Spanish)

Every 3rd Thursday beginning in October 2023, 11 am – 12 pm (English)

Medicare 101

October 18th and 19th

November 15th & 16th

New to Medicare? Curious about Medicare for you or a loved one? Get guidance on what to expect and learn about key aspects of the Medicare program, compare plan types, understand costs, enrollment periods and more. Take the guesswork out of Medicare.

Humana



Monthly Book Club

2nd Wednesday, 1 pm – 2 pm

In collaboration with King County Library Services, join us as we dive into a new read each month. New members always welcome. Please register.

- September - *The Thursday Murder Club* by Richard Osman
- October - *The Fountains of Silence* by Ruta Sepetys
- November - *1979* by Val McDermid
- December - *Drive Your Plow Over the Bones of the Dead* by Olga Tokarczuk



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Housing Repair Assistance Program

The City of Des Moines is once again providing minor home repair services to City resident homeowners who have “extremely low” to “low” incomes based on U.S. Department of Housing and Urban Development (HUD) income guidelines. This is done by providing free repair services to improve the health and safety of our residents as they live in their homes. Funding for this program is provided by a Community Development Block Grant through King County. Services provided include but are not limited to:

Electrical – faulty lights, switches, plugs, circuits or exhaust fans

Plumbing – faulty toilets, clogged drains, leaking faucets, faulty water heaters

Disability Aids – installation of grab bars, hand rails, hand held showerheads, bath seats, high toilets, access ramps and application of non-skid surfaces

Safety – installation of smoke alarms, security/safety lights, carbon monoxide alarms and locksets

Other – faulty furnaces, faulty gutters and roof leaks, broken window glass panes

How do I qualify for these free services?

1. Be an owner/occupant within the Des Moines city limits for at least one year with no intention of selling in the next 12 months, have proof of home owner’s insurance, and meet the HUD income guidelines for the program.
2. Complete the application process

How do I apply?

To apply for this program please follow these directions:

1. Request an application by email at thickey@desmoineswa.gov or by calling (206) 870-6535
2. Once your application is processed and evaluated you will receive a phone call informing you of your acceptance or non-eligibility for our program. Upon acceptance your job will be referred to one of our contractors who will call you to make an appointment to perform those services. Services that are required for your health and/or safety are the highest priority.



Planning for Housing

2023 was an eventful year for housing in the Washington State Legislature. Two of the bills passed that are generating the most questions to the City are the E2SHB 1110 – Middle Housing Bill and the EHB 1337 – Accessory Dwelling Unit (ADU) Bill.



E2SHB 1110 – Middle Housing Bill

The stated purpose of this bill is to create more homes for Washington by increasing middle housing in areas traditionally dedicated to single-family detached housing. Middle housing is defined as buildings that are compatible in scale, form, and character with single-family houses and contain two or more dwelling units. Middle housing types can include duplexes, townhouses, cottage housing and others. Depending on the proximity to transit, between two and six housing units per lot would be allowed, provided development standards such as yard setbacks and lot coverage are met.

EHB 1337 – Accessory Dwelling Unit (ADU) Bill

The stated purpose of this bill is to expand housing options by easing barriers to the construction and use of accessory

dwelling units. An accessory dwelling unit is one located on the same lot as a single-family or other housing unit. It can be located within, attached to, or detached from the primary dwelling. The bill includes provisions such as allowing two ADUs on each lot, limiting parking requirements, removing barriers to separate ownership, and increasing the maximum size.

There are a number of implementation timelines described in the bills. The associated updates to the Des Moines Municipal Code are required to be completed within six months of the periodic comprehensive plan update. The update currently underway (<https://imaginedesmoines2044.com/>) is to be completed by December 31, 2024. Six months after that would be June 2025. Additional information will be provided to the public as the State and cities develop draft regulations.

Source: Washington State Department of Commerce



 SCAN ME



WHAT IS ALERT KING COUNTY?

- 1** The City uses Alert King County as an emergency alert system, to call, email and text residents to alert them of emergency situations.

WHY SHOULD I SIGN UP?

- 2** Alert King County is used by the City and County. Alert King County helps you stay informed about potential hazards and threats that impact your area.

HOW DO YOU SIGN UP?

- 3** Scan the QR Code above, search Alert King County on any web browser! **SIGN UP TODAY!**

You have a role to play in Emergency Preparedness. Planning ahead increases your ability to survive and thrive in the face of disaster. For additional tips on Emergency Preparedness visit www.MakeItThrough.org.





Des Moines Police Department
Fall Advance Community Academy

Interested in building upon your basic law enforcement knowledge?

Great, then attend our Des Moines Police Department's Advance Community Academy!

Sessions will be on Tuesday evenings starting October 3rd and conclude on October 24th. Session will start at 6:00pm ending around 8:00pm, giving plenty of time for in-depth discussion of each topic.

Space is limited so register today. Only requirement is you must have completed a Des Moines Police Basic Academy to register.

If you have questions, or would like to register, please contact Tonya Seaberry at (206) 870-7619 or email

tseaberry@desmoineswa.gov

Welcome

TO THE TEAM

Engineering Services has welcomed three new staff members to the team in 2023.

Allyssa Beaver, Civil Engineer I, joined the City in early 2023 and has jumped right in to assist on the City's Capital Improvement Projects, as well as transportation operations.

Brandon Pitts, Civil Engineer I, joined the City in early 2023 and has been focused on development review for the surface water utility.

This summer, we welcomed **Cong Nguyen**, Civil Engineer I, who will be managing several Capital Improvement Projects for the City's surface water utility.

COFFEE

With A Cop

Fall 2023 Event Schedule

- Thursday, September 28th, 9-10am
Wesley Gardens Bistro
- Saturday, October 21st, 9-10:30am
M.A.S.T Center Redondo
- Wednesday, October 4th, 11am-12pm
National Coffee with a Cop Day!
Highline College - Building 8
- Thursday, November 2nd, 9-10am
Wesley Terrace Bistro



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is published by COLIBRI Northwest, LLC
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